

TOP TEN

A Quick activity that leads to Quality Discussion:

**This is a valuable activity that ALL ages can Ask and Answer. It began as a type of 'Scattergories' where the mindset was to quickly write down the best answer that nobody else would put. Do that--and it gets fun to 'play!'

Take a small sheet of paper, number it from 1 to 10. NO names needed. These ten questions are asked, then quickly answered independently. (You will get a chance to share at the end of the questioning.)

After a *crying baby is heard, On video or 'fake' baby (Or the beginning of "Jack" or "Simon Birch), the questions begin.

- 1. How do you feel when you hear or hold a *crying baby?**
- 2. Name a quality or trait that a GOOD parent has/should have**
- 3. Name a character trait that a life partner should have
(Other than the word - HOT)**

** Could show a clip from SIMON BIRCH here – Joe's Mom 17 pg

- 4. List a bodily change that occurs during puberty – be specific**
- 5. Think of the ideal age (or 3 year range) of a first time parent**
- 6. Write the FIRST thing that comes to mind (when you hear)--SEX**
- 7. Finish the sentence: LOVE IS**

** Another clip from SIMON BIRCH (balls, bb's, prunes, raisins)

- 8. Name a slang or NON-medical word for MALE body parts**

** Continue clip about Margie getting breasts, soon they'll be boobs

- 9. Name a slang or NON-medical word for FEMALE body parts**
- 10. Write down a form of CONTRACEPTION. (Something you do, don't do, take, or wear to prevent "conception" * See number 1.)**

All TEN answered? DONE. Take YOUR answers and the questions, then have your loved one answer all TEN. The time it takes to discuss and compare answers is worth GOLD in your relationship account!\$!

YOUR PAST, revealed in the PRESENT, will affect THEIR FUTURE!

Let this be a "Jumpstart" to your Teen Memories, their teen moments.

TOP TEN

Cheat Sheet or “Trigger” Code: **Talk about:**

SEX vs Love, Physical vs Emotional Maturity: Financial and Social COSTS

1. How do you feel when you hear or hold a *crying baby?

You know their readiness and attitude. (ANNOYED is a common word)

2. Name a quality or trait that a GOOD parent has/should have

CHARACTER will matter for LIFE! (Honest, Trustworthy, Responsible)

3. Name a character trait that a life partner should have

(Other than the word - HOT) **Discuss REGRETS here?!?

** Could show a clip from SIMON BIRCH here – Joe’s Mom 17 pg

4. List a bodily change that occurs during puberty – be specific

Easy to share about FEAR, silly things you heard or thought at 10-13

5. Think of the ideal age (or 3 year range) of a first time parent

Talk about YOUR age as a first time parent: Average age here is 26!

6. Write the FIRST thing that comes to mind (when you hear)--SEX

Definitions of this word are all over the map--locate your own safe zone

7. Finish the sentence: LOVE IS

Compare this sentence to the previous question--moral compass indeed

** Another clip from SIMON BIRCH (balls, bb’s, prunes, raisins)

8. Name a slang or NON-medical word for MALE body parts

Honesty and innocence can bring laughter and understanding: try both

** Continue clip about Margie getting breasts, soon they’ll be boobs

9. Name a slang or NON-medical word for FEMALE body parts

Allow questions and answers here--recall your own experiences, answers

10. Write down a form of CONTRACEPTION. (Something you do, don’t do, take, or wear to prevent “conception” * See number 1.)

Gauge the readiness factor--parents know best. Bring up 5. That’s 10+ years away! And 1. If the crying baby is not in the plans - 10 needs an escape route, EXIT Strategy, or CANCEL key to push... help with that!

Your responsibility never ends. Intentional Parenting isn’t easy.

TEEN Parenting is tougher.

TOP TEN

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

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- 1.
- 2.
- 3.
- 4.
- 5.
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- 9.
- 10.